
Social Welfare, Government of Sindh. Mrs. Rehmatullah is member of Board of Governance, Marie Adelaide Leprosy Centre, Karachi. In the past she was Founder Secretary of Pakistan TB Association, Society for the Rehabilitation of Crippled Children and Social Services Coordinating Council.

SHOWKAT, Begum Tajawar.

With over 35 years of dedicated services with the APWA Begum Showkat is its National Executive Vice president presently heading its 'Gul-e-Raana Nusrat Crafts Center'. Actively represented APWA at international forums on the status and emancipation of women, besides its goodwill missions to China and Tonga. Actively concerned with population welfare and services to the senior citizens. Membership : Besides the APWA, the Associated Country Women of the World, New York; (Vice-President) and a past President of the local Zonta Club Int., the SSCC, and the Pakistan Family Planning Assn.

NGO Award: 'Member of Honour of the APWA'.

CV & General: Educationist with extensive teaching experience in the country and abroad. Served on Federal Govt's Family Planning Council and Task Force for Senior Citizens. [© 2001]

SIAL, Abdul Rahman.

A senior member of the SGA. Mr. Sial of Moro, is actively associated with its health, education and essential relief services besides the progressive development of his District – Naushero Feroz. Spiritedly participates in the literacy and anti-narcotic drives and related welfare services of the local NGOs; extends liberal financial support to the hard-pressed people.

CV: M.Com.

Birth: Moro –Dt. ,Naushehro Feroz-21.12.1941] [© 2005]

Simi Sadaf Kamal

Founder of several private and nonprofit national

and international organizations and initiatives, Mrs. Simi Sadaf Kamal, has 27 years of work experience in environment and social development, gender mainstreaming, water, sanitation, irrigation, drainage, water and food security, rural development, urban issues and related areas.

Having Masters in Geography from the University of Cambridge, Mrs. Simi Kamal has familiarity with and extensive experience at international and national levels in policy development, indicators, data collection systems, research studies, surveys, reporting formats, as well as social and environmental assessments and evaluations using indicator-based frameworks and systems.

She is founder and Chairperson of Hisaar Foundation, a foundation of water, food and livelihood security; Chief Executive of Raasta Development Consultants; Chairperson of Raasta Marketing Research (Pvt.) Ltd.; founder member of and co-chair of Pani Pakistan: National Consortium for Conversation and Management of Water, Member of Global Water Partnership, South Asia Technical Advisory Committee and Chair Management Group of Karachi Water Partnership. At federal government level she is member of National Commission on the Status of Women.

Mrs. Kamal has extensive experience of fund raising and running public service campaigns based on local philanthropy. After 2005 earthquake in NWFP and Azad Kashmir, she raised Rs 20 million worth of support in cash and kind. Earlier, Pakistan Drought Appeal of 2000 raised over Rs 10 million worth of food, water, medicines, transportation and distribution systems, for Thar and Kachho areas in Sindh and for Balochistan.

Her special interest and expertise is in fostering, developing, activating and managing cross-sectoral collaborative platforms and partnerships among government, civil society and private sectors and synthesizing participative process into policies, strategies and concrete action across

all social development and environmental areas. Extensive experience in institutional diagnosis, assessment, evaluation and development, as well as strategic planning, systems and programme reviews, covering government institutions, ministries, departments and programmes, civil society organizations, NGOs, CBOs as well as regional and international initiatives. On her credit are over 150 assignments and postings as team leader and consultant covering advisory services, policy development, programme design, research studies as well as institutional and capacity development, evaluations, pre-finance assessments and pilot projects. She is author and co-author of over 180 research and evaluation reports, handbooks and training modules (several in print) and over 450 articles and papers published and presented nationally, regionally and internationally. She regularly appears on international and national media on gender relations, rights issues, water, environment and the donor-NGO-government nexus in the developing world.

Sikandar Ali Chan

Sikander Ali Chann is an Achhay Sathi/ PLHVA (People Living with HIV/AIDS) and is working with Pakistan Society for the last 4 years. He is actively involved with care and support activities of other Achhay Sathis. He has created his value/image among the PLHVA due to his volunteer day and night hard work for his community. He is providing following services to them: -

Taking them to tertiary care hospitals for treatment and back to Pakistan Society.

Accompanying them while in the hospitals and staying with them in case of admission. Getting baseline investigations done from laboratories.

Taking the clients to their homes after treatment. In case the family did not accept them, taking them back to Pakistan Society and registering them for rehabilitation.

Getting their applications processed at Baitul Mal

if needed.

Working as a peer supporter of the PLHVA. Taking care of the families of Achhay Sathis. He is always available on call for emergencies round the clock.

SOOMRO BEGUM SAJIDA (Karachi)

A highly dedicated member of the APWA, Begum Soomro embraced social work at a very early age and joined this national organization as an ordinary member in 1968. With aptitude towards ducation, she strenuously worked for the progressive development of the educational institutions of its Karachi Branch. (16 Nos. including a College). Later, served it in many capacities before being evaluated as its Hon. General Secretary which position she held for about a decade (1990-2000). Presently she is heading this Branch. Actively engaged in various other welfare services, she participates in various forms of the APWA and other organizations. *NGO Award: Member of Honor of APWA Award (1998).*

Syed Shamim Haider

Syed Shamim Haider is social activist and journalist. President of the Rotary Club (Karachi Indus). He is an expert in alternate and renewable energy. He established Nice Link Trust 10 years ago dedicated to the development and application of renewable sources of energy in Pakistan. In short time it has established its credibility in designing, fabricating and installing 6 successful small solar distillation plants in Karachi at different places. Nice Link Trust is active in promoting the use of photo-voltaic cells and wind power along with production and assembly of ten solar powered items useful in daily domestic and economic life.

In order to give exposure to potential of renewable/alternate energy resources to the investors, industrialists and policy makers of Pakistan, Nice Link Trust organized a high profile Seminar in August 2000 inaugurated by the then

Health Minister of Sindh at Karachi. The Trust organized an exhibition in 2001 in the Arts Council of Pakistan of solar power domestic/commercial appliances and solar cells to bring a very health change in the economic life of the community. Nice link completed various alternate energy projects as consultants with University of Karachi. These projects were funded by Poverty Alleviation Program, Government of Sindh. Trust installed its solar water desalination plant in Ibrahim Hyderi giving 500 gallon potable water per day. Recently Nice Link installed 10 KV windmill on the roof of Zaib-un-Nisa Memorial Hospital, Budhni Goth, Keamari town for the Hospital emergency department.

TAJ Mohammad.

A progressive social worker of the Lyari Quarters, Mr. Taj Mohammad, is deeply concerned in the cause of education in the under-privileged areas. An active member of the Lyari-Community Development Project, is credited for establishing 30 home schools in the different areas and organizing a large number medical and eye camps. Shifting residence to the nearby Grax Mauripur, (1975), extended the out-reach services of the aforesaid Community Development Project and successfully motivated and guided the residents of this area in community development activities Also introduced modern sewerage system and other health services with the technical support of a leading NGO – the BUSTI; popularized the ‘small family concept’; founded two local NGO’s especially for motivating the youth towards volunteerism, self-help, literacy-drives and eradication of narcotics.

[*Birth*: Karachi- 1949] [© 1999]

TAJIK, Abdul Karim.

A prominent social worker of the Lyari Town, Mr. Tajik, was endowed with highly progressive outlook. Dedicatedly strives for the ultimate betterment of the under-privileged masses through the Lyari-Community Development Project including establishment of schools; child welfare;

environmental cleanliness and control of drug addiction.

Membership: LCDP (a Founder-Member); KCCW; Lyari Labour Welfare Center and other local NGOs of the Lyari Town.

CV: Educationist. Chairman of the District Zakat Committee (K’chi-South)].

Post Script: Expired since, K’chi 1999 ...? [©1988]

Tasneem Bandukwala

Mrs. Tasneem Bandukwala is a senior Rotarian and Social worker. Born in India, brought up in Lahore, she spent her early life as housewife. In 1978 as Jaycee was her first exposure to the real world. Mrs. andukwala made history in 1987 when she became the first women Rotarian and first Women President of Rotary Club in Pakistan.

she was also the first Pakistani woman to work as the District Secretary, G.S.E Chairperson and Assistant Governor at district level. She has worked diligently over three decades in community work. From fund raising for schools, earthquake relief efforts to treatment of cancer patients she brought social needs of the Pakistanis to the attention of Rotary Club leaders. Over the years through her persuasiveness and dedication, she has successfully arranged funds for a number of Matching Grant Projects with Rotary Clubs like Seattle, Portland Arizona and others. She has traveled extensively around the world and has spoken at different Rotary District programs and forums. She is the recipient of a number of awards for her achievements in humanitarian and peace initiatives. Most prestigious is the Life Time Achievement Award by Rotary Pakistan. Out of seven women in Pakistan, she is the only one to be awarded the She Laurels by She Magazine of Pakistan. Features about her life and work have been published in American, Australian and Pakistani publications. [@ 2009]

Tariq Shafi
(Karachi)

Actively participating in most of social activities of Karachi city, Mr. Tariq Shafi is a serious social activist of the city. He is providing financial and moral support to needy peoples, irrespective of their culture, religion, sex, ethnicity, colour, creed and nationality. He has a very practical approach in elimination of poverty from the country and taking part in solving this human menace. Mr. Shafi collaborated with Red Crescent (Hilal-e-Ahmer) for rescue and relief work of victims of 2005 earthquake in NWFP and Azad Jamu and Kashmir and the recent one in Ziarat, Balochistan in 2008. Born in Rawalpindi, he did B. Com., from Premier College, Karachi, in 1973. He is active in various social welfare organizations. For example, he is Vice President of Child Aid Association since 1992 and Trustee of Child Cancer Hospital Foundation since 1998. Mr. Tariq Shafi is Chief Patron of Alkhair Academy (Education Wing) since 1980-81. He is Chairman Standing Committee on Poverty Alleviation, Federation of Pakistan Chambers of Commerce and Industry (FPCCI) and Patron of solid waste landfill (Katchra Kundi) at Surjani town and running a school and a clinic for poor scavengers, working at the heaps of solid waste for a living.

VARGAS,
Sister Berenice.

A highly sacrificing volunteer, Sister Vargas a national of Mexico. Migrated to Pakistan in 1955 at the invitation of the Archbishop of Karachi for medical and social services in the sprawling refugee camps. Later, joined the newly established MALC and soon became one of its strongest pillars. Manifold services includes the establishment of its Pharmacy Department; training of para-medics in Compoundary and related subjects; regular supervision of and upgrading of several dozen branch clinics all over the country besides up-dated training and orientation of their local staff.

CV: B.Pharm. Belongs to the 'Order of the

Congregation of the Daughters of the Heart of Mary'. Birth : Mexico]

Post Script: Expired since K'chi-2005 [© 2000]

WILLIAMS, Prof. Nuzhat

A well-known educationist and social worker, Prof. Nuzhat is dedicatedly striving for the emancipation of women, much concerned on the creation of awareness of social and civic issues; controlling drug addiction besides extending counseling services to disturbed women, guidance to the youth. An able organizer, the YMCA under her leadership has reached new horizons with a number of essential projects-literacy, skills income-generating vocations, programmes for children and community-based welfare and disaster-relief work.

Actively participated in numerous national and international forums on youth services, social welfare and education.

NGO Awards: Numerous distinction awards-both national and international.

CV: M.A. College Professor with over 37 years of service [@ 1998]

WRAY, Brother Norman

A national of the USA, Brother Wary came over to Karachi in 1962 to establish the St. Patrick's Technical High School. Soon after his retirement twenty years later, joined the MALC's team to serve the leprosy patients. A year later while in-charge of the organization's vast farm in Singoro (250 km away from K'chi) came across a much-tortured drug addict, just by chance. Finding his difficulties problems and to save him from the continued public and police harassments arranged safe shelter in the farm and also to provide possible cure. Quite successful in the treatment of this addict, he gradually admitted a few more drug addicts thus setting-up a new and unique project - the 'MALC's Rehabilitation Programme for Drug Addicts.'

From the initial recovery of these cases, their number by 1983 had grown up to 250 - 300, "...indicating the tremendous success of this

programme....later a Half-Way House was opened in K'chi in 1999 followed by a Drp Center in 2002 and Mobile Unit in 2003 which also provide its services in two areas of the Lyari Town..."

For many years he also voluntary worked with the youth in the 'Break-through Group' motivating for voluntary service in the cause of the less fortunate people. Following his exemplary services quite many of them went to live and work in quite inhospitable areas including the desert regions of Mirpurkhas and Sanghar. Commenting on his exemplary voluntary services , commitments to the poor for over four decades, the reputed authority on drug addiction Dr. Saleem Azam (IVD-Shield-Holder-1998) aptly said:

"..It is the Norman Wray of this city that gives us hope amid so much hatred and violence..."

*CV:*Specialist in Technical Education. Founder-Principal of the St. Patrick Technical High School, K'chi - 1962-82.Birth: USA - 17.02.1925 [@ 2006]

Younus Muhammad Sohail

Muhammad Sohail Younus is a businessman by profession who embraced the organization in the time of despair. He is the coordinator of New Horizons Care Centre (NHCC) and President of Drug Free Pakistan Foundation (DFPF). New horizon care centre (NHCC) is a non-profit organization committed to provide drug treatment, rehabilitation and financial assistance to the poor patients of Substance Use Disorder (SUD) and their families, with the motive that LIFE IS SUNSHINE WITHOUT DRUG! The NHCC is currently running four hospitals where drug addicts are provided free-of-cost treatment. We have treated more than 15,000 patients at our centers in past 12 years 100% free. Due to limited resources the centers can only treat 350 to 500 patients at a time for a minimum of 6 week to 3 months period of treatment. NHCC also provide free treatment to 1,915 drug addicts at the Central

Jail Karachi.

Mr.Sohail Younus is committed to develop, and promote strategies, policies, healthy life styles, enhancing positive attitudes, improving life skills and empowering individuals to reduce illegal drug use, drug addiction, crimes and drug-related injuries. As a coordinator of NHCC his mission is to fulfill the noble cause of his Shaheed brother Naveed Younis. Who was targeted and killed by drug mafia in year 2010 against which he was fighting with higher dedication and hard work.[© 2014]

ZAHEER, Begum Shirin.

A dedicated social worker, Begum Zaheer has been serving the APWA in different capacities for over 33 years Represented Pakistan in numerous world conference including the 6th Asia-Pacific Seminar' (Karachi 1977); Health for All Conference (2002), and the Narcotic Workshop.

Through her own business organization, organizes medical camps and diagnostic services at frequent intervals in the under-developed suburbs; conducts highly beneficial and informative programmes in community centers on reproductive health; food & nutrition; iodine deficiencies, burns, prevention of drug addiction; distributes milk and nutrition needs of babies and / expectant / nursing mothers.

NGO Award: 'Member of Honor of the APWA'
CV & General : Business woman. Heads her 'Blue Cross (Pvt) Ltd. Served on different advisory bodies of the Government. [© 2002]

ZAKI HASSAN,

Prof. Dr. Khawja.

An outstanding authority in the medical and social fields, Prof. Zaki Hassan pioneered the introduction of the concept of treatment of mentally ill in all the general hospitals. A Neuro-psychiatrist of international fame, strongly advocates the development and expansion of the essential psychiatric services in the country down

to the Thesil-levels. His much dedicated guidance in childhood problems – mental retardation, epilepsy and other related disabilities aroused much public interest besides leading to the establishment of the essential and first-ever special education centers in the private sector. Likewise voluntarily provides extensive guidance on issues of public significance; a regular guest-professor at the universities and professional training institutes in the country and abroad; and a highly esteemed and popular personality. Membership: PMA (a past President); Institute of Social Research & Development (President); Association of People of Asia- Pakistan Chapter (President) besides active association with many prestigious NGO's and Institutes

CV: MB; FRCS; FRPS; A senior medical official of the Federal Ministry of Health pioneered the establishment of the JPMC's Nero-Psychiatry Department / heading it for over two decades (till retirement in 1987). Pakistan's Representative on the UNICEF's Executive Board (1972-81) and its Chairman (1980).

Served on numerous national and international professional and planning bodies relating to health and medical services, Psychiatry and Neurological issues; medical education and research; labor education; the handicapped and special persons. Founder-Dean and the first-Vice-Chancellor of the Baqai Medical College; likewise the founder Vice-Chancellor of the Jinnah Medical & Dental College; presented authoritative papers at different national and international forums; authored several important books. [©2003]

ZAKI, Mrs. Shakira.

Deeply committed to social service since her school days, Mrs. Zaki is a leading women activist for over 40 years championing for their due emancipation and rights. A devoted member of the 'Anjuman-e-Mufad-e-Niswan', is concerned with the dimensional expansion of its services in the under-developed colonies of Karachi; motivates and assists a large number of women to become literates and organizes

suitable vocational training programmes for their self-employment; a regular visitor to the local jail and provides help and guidance to the female inmates for their ultimate betterment and suitably assists them after release. Born on the auspicious Day of our independence: 14th August 1947. [© 2001]

ZAMINDAR, Rotarian Yacoob Ali. A leading versatile personality of Sindh, Mr. Zamindar, is life-time committed to the cause of orphaned and distressed children. A leading founder-member of the first-ever 'SOS Village' of Sindh, (Malir, K'chi.estd:1985) is currently its President, and also heads the attached 'Herman Geimner' - SOS School.

Presently working hard for the establishment of the 2nd SOS Village (at Jam Shehero), along with a youth home - mainly for the interested senior boys of the Malir Center till their rehabilitation in the main stream of life. Likewise, he is actively associated with the Eye hospital of the LRBT and the progressive development of the welfare projects of the K'chi Rotary Club. Readily contributes liberal funds for genuine welfare causes.

Membership: Besides the SOS, the LRBT (Trustee and Hon. Treasurer for over two decades); the Karachi Rotary Club and the Hasni Academy (President).

CV: Fellow of the Institutes of Chartered Accountants, of both Karachi and England & Wales; held senior professional assignments within the country and abroad. [© 2004]

ZUBAIR, Begum Zeba.

A prominent senior member of the APWA. Begum Zubair deeply devoted to the cause of women's rights and strenuously worked for their enhancement and constructive participation in national life. Represented the country on numerous international forums on education, health and nutrition; social welfare; empowerment of women. Founder-Chair-person of the PVH&NA (1984).

CV: M.A.; the first-Chair-person of the erstwhile
NGO Coordinating Council for Population
Welfare of the Federal Ministry of Health.
Beloved daughter of the highly respected Altaf
Hussain – the long-time Editor of DAWN (from
1945-Delhi onwards) and the untiring worker
and propagandist of the Pakistan Movement.
Birth: 8.4.1933 Chitagong;
Post Script: Expired in Karachi – 3.11.1999 [©
1999]:

**ILLUSTRIOUS
LUMINARIES
OF DEDICATED
VOLUNTEERISM**